



SACRED HEART PARISH

Sunday 29th March 2026

Palm Sunday



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Daniel McAnoy, Anniversary Mass

Sunday Masses: 9:30am: Donna Baker, Anniversary Mass
11:30am: Denis O'Connor, Anniversary Mass.

Weekday Masses: Tuesday 7:00pm: Novena Thomas Daly, Month's Mind Mass
Wednesday 10.00am: Dee Ferguson, Month's Mind Mass
Thursday 7:00pm: Mass of the Lord's Supper
Friday 3:00pm: The Passion
Friday 7:00pm: Stations of the Cross

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.



<p>~Weekly Collection~ £1145.72 The Parish Thanks You For Your Kindness And Generosity</p>	<p>~Recently Deceased~ Patrick McStravick Noel Goodall Louise McCullough Caitriona O'Neill William Mallaghan Bridget Mulvenna Marie Keenan Liam Curley Brian McCann <i>Eternal rest grant unto them, O Lord</i></p>	<p>~Anniversaries~ Rosaleen Magee <i>Eternal rest grant unto them, O Lord</i></p>
<p>~Baptisms~ Welcome into our community Rossa Jody McDonnell Antóin Patrick McCavana</p>		<p>~Sanctuary Candles~ The MacQuillan Family Gerard Flood <i>A Donation of £5 per candle is greatly appreciated</i></p>

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)**

DATES FOR YOUR DIARY

Penitential Services

will be held in:
 Holy Family: Sunday 29th March (Palm Sunday) at 7pm
 Holy Cross: Wednesday 1st April at 7pm
 St Gerard's: Wednesday 1st April at 7pm

A Prayer for Palm Sunday

"Lord Jesus,
 I welcome you into my heart as King.
 As I wave the palm branch,
 I pledge to follow you
 not just in the celebration,
 but through the hard days of this week.
 Keep me faithful to you.
 Amen."

The Chrism Mass will be celebrated on Wednesday 1st April at 12 noon in St Peter's Cathedral Belfast. This Mass is a celebration of the entire Christian Community in Down & Connor. Bishop Alan extends an invitation to all the faithful to attend as a family in faith gathered with the Bishop, priests and deacons of the Diocese. United by Baptism as the children of God, we will celebrate our shared call to serve the Lord.

All are welcome.



Holy Thursday, 2nd April

Mass of the Lord's Supper: 7.00pm

Good Friday, 3rd April

The Lord's Passion, 3.00pm

Stations of the Cross: 7.00pm

Holy Saturday, 4th April

Easter Vigil: 8.00pm

Easter Sunday, 5th April

Masses: 9.30am & 11.30am

Good Friday Falls/Shankill Annual Inter-Church Prayer Walk - will take place on Good Friday 3rd April, at 4.45pm in front of Clonard Church, stopping midway at Shankill Methodist for a brief prayer, returning to Clonard by 6pm. At this precarious time in, we commit ourselves once again in the footsteps of Jesus, to His ministry of reconciliation and peace. All welcome.

Divine Mercy Sunday: Would you like your soul to be as pure as on the day you were baptised? If the answer is yes, read on. St Pope John Paul II canonized a Polish mystic, Sister Faustina (1905 – 1938) on the Sunday after Easter in 2000 and declared that from then on, the second Sunday of Easter would be known as Divine Mercy Sunday. In a revelation to Sister Faustina (recorded in her Diary 1109) Jesus told her, 'I want to grant a complete pardon to the souls that will go to confessions and receive Holy Communion on the Feast of My Mercy' (Divine Mercy Sunday). The conditions for receiving this great grace, including going to confessions, can be fulfilled by attending any of the following Churches on Divine Mercy Sunday, 12 April this year. St Peter's Cathedral @ 2pm, Mater Dei, Crumlin @ 2pm, Sacred Heart, Oldpark Rd @ 2pm and All Saints Ballymena @ 3pm.

Eucharistic Adoration. Calling All Adorers of the Blessed Sacrament in Down & Connor Diocese. A National Eucharistic Adoration Pilgrimage to Knock is planned for Sunday 19th April (weekend after Divine Mercy). Details can be found on www.eucharisticadoration.ie. Phone Una for bus leaving Toome, 07743575969, Patricia on 07972103130 or Patrick on 07963 581 543 (for bus leaving Belfast).

Sacred Heart Stitch & Crochet Group would like to thank everyone for their support which helped raised an amazing £1,180.00 at our recent Sale of Works for Trócaire.

**PLEASE NOTE: THE PARISH OFFICE WILL BE CLOSED FROM 2PM ON WEDNESDAY 1ST APRIL
 AND REOPEN AT 9AM ON TUESDAY 7TH APRIL**

Trócaire Lenten Appeal Collection.

Please bring your Trócaire Box/Donation with you for collection at Mass next weekend. (Easter)

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

AI-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee